

# SERVICES TO THE MUSIC INDUSTRY

## Consultation to Bands and Performing Groups

**Assessment:** A confidential assessment has great value in itself or as a starting place for further work. By talking with the whole group (or orchestra section, etc.) and with members privately, I can develop an understanding of the group's functioning which I report back to the group with recommendations. This is for groups in conflict, groups re-forming after a split, or for bands who are going to the next level and need to be resilient enough to survive success.

**Intervention:** This is tailored to the the group's goal — it can be solving conflict or raising the group's game through collaboration and teamwork. Solutions must serve the point of it all — individual and collective reasons for the group to exist. Interventions might include work to help a problematic but valued player, addressing a member's substance or personal issues that are hampering everyone's success, or facing a change in personnel.

## Private Coaching

**Performers** benefit from private coaching to help with optimum performance, stage fright, band politics, leadership (especially for bandleaders, conductors, or section leaders) and managing the stresses of the performing life. Coaching may be done in person or by phone, which is especially useful on tour.

**Managers** and **Producers** have complex and demanding roles. Private coaching helps managers be savvy in negotiating the minefield of their relationships with their artists. This can include knowing when to offer support or confrontation, how to insist that someone seek help, and deciding when to cut their losses. Artist Management companies may engage coaching to develop a valuable member for success at the highest levels.

## Speaking, Research, Teaching, and Writing.

I speak to groups of musicians and industry professionals. Topics include band dynamics and the psychology of the performer. This can be in the form of speeches, workshops, interdisciplinary panels, or a master-class format. I can supply articles for trade magazines and Web sites. I am experienced with print publications and electronic media appearances.

## Psychotherapy and Psychoanalysis

Some people prefer to get their own treatment. Consultation is a different thing from therapy, so it's important to be clear that we're doing one and not the other. We may need to think together before we decide which route to take. If you need to see your own therapist while doing consulting or coaching with me, I'll help you find someone who's right for you.

MICHAEL JOLKOVSKI, PHD. 703-533-8677

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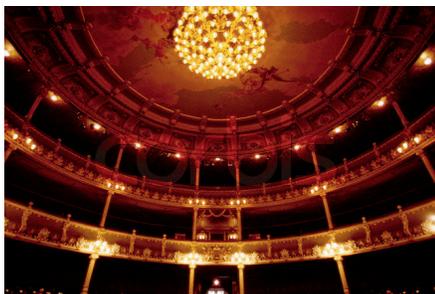
# MICHAEL JOLKOVSKI, PHD.

Michael Jolkovski is a clinical psychologist and psychoanalyst practicing near Washington, DC. He has worked with musicians for over 20 years.

Musicians appreciate that he's always practical in applying in-depth knowledge. He integrates experience from greatly diverse areas and communicates clearly and without jargon. He uses humor to make serious points vividly and memorably.

He offers consultation and coaching to performers and groups as well as those who manage and support them.

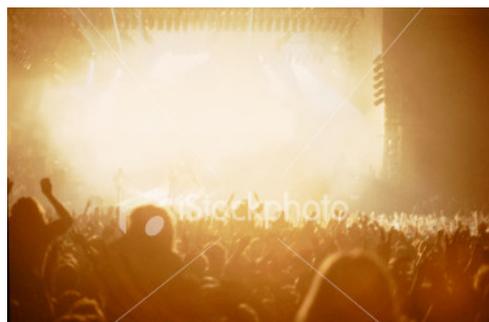
He is available to speak on the inner workings of bands and orchestras and the psychology of the performer — removing obstacles to creativity and success — stage fright, workplace issues, management and teams, as well as mental health, psychotherapy, and psychoanalysis.



Dr. Jolkovski earned his Ph.D. in 1989 from Virginia Commonwealth University, where he also earned his Bachelor's in Applied Music. He plays saxophone, flute, and clarinet, and is a former member of Local 123 of the American Federation of Musicians. He completed his psychology internship at the University of Minnesota and a postdoctoral fellowship at Georgetown University. He was on

staff at the counseling centers at George Mason University and American University, and is former Clinical Faculty at the George Washington University Center for Professional Psychology.

He is a graduate of the psychoanalytic training program of the New York Freudian Society, where he is a member. He is a Fellow of the International Psychoanalytic Association and a Member of the American Psychoanalytic Association and the American Psychological Association, including Division 39 (Psychoanalysis) Division 10 (Arts Psychology) and Division 13 (Consulting Psychology). He is also a member of the International Society for the Psychoanalytic Study of Organizations and the Music Managers Forum-US.



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